

## KNOW YOUR RIGHTS

WE'RE HERE TO HELP. OUR LEGAL HELP DESK IS OPEN. [CONTACT](#)



## RESOURCES

The organizations below, which provide support and information for LGBTQ youth, their families and allies, are listed according to the following categories (click to jump to section):

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### LEGAL DEFENSE ORGANIZATIONS

#### **Lambda Legal**

[www.lambdalegal.org](http://www.lambdalegal.org)

[www.lambdalegal.org/help](http://www.lambdalegal.org/help)

Legal Help Desk 866-542-8336

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education and public policy work. The organization provides legal assistance and representation to students and school professionals facing discrimination, harassment or censorship based on sexual orientation or gender identity.

#### **American Civil Liberties Union LGBT and AIDS Projects**

212-549-2627

[www.aclu.org/getequal](http://www.aclu.org/getequal)

[getequal@aclu.org](mailto:getequal@aclu.org)

Founded in 1986, the LGBT Rights and AIDS Project are special divisions of the American Civil Liberties Union.

#### **National Center for Lesbian Rights (NCLR)**

Legal Help Line: 800-528-6257

415-392-6257

[www.nclrights.org](http://www.nclrights.org)

[info@nclrights.org](mailto:info@nclrights.org)

NCLR staffs a toll-free youth legal information line and provides resources on building safe school environments, with a special focus on LGBTQ youth in sports.

#### **Transgender Law Center**

415-865-0176

[www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)

[info@transgenderlawcenter.org](mailto:info@transgenderlawcenter.org)

Transgender Law Center is a civil rights organization advocating for transgender communities.

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### HOTLINES

#### **The Gay and Lesbian National Hotline (GLNH)**

National Hotline: 888-843-4564

GLBT National Youth Talkline: 800-246-7743

[www.glnh.org](http://www.glnh.org)

[questions@GLBTNationalHelpCenter.org](mailto:questions@GLBTNationalHelpCenter.org)

GLNH provides nationwide toll-free peer counseling, information and referrals to the LGBTQ community. Peer counselors are available Monday–Friday, 4:00 p.m. to midnight, and Saturday, noon to 5:00 p.m. EST.

#### **National Hotline for Gay, Bisexual and Lesbian Youth**

800-347-TEEN

Provides comprehensive information about national and local resources for GLBTQ teens.

#### **Trans Lifeline**

US: 877-565-8860

Canada: 877-330-6366

Trans Lifeline's Hotline is a peer support service run by trans people, for trans and questioning callers. Operators are located all over the U.S. and Canada, and are all trans-identified.

#### **National Runaway Switchboard**

800-RUNAWAY

Agency and Information Line:

800-344-2785

773-880-9860

[www.1800runaway.org](http://www.1800runaway.org)

[info@nrscrisisline.org](mailto:info@nrscrisisline.org)

The National Runaway Switchboard provides crisis intervention and local and national referrals to youth and their families, training materials and resources for communities and schools and is the federally designated national communication system for runaway and homeless youth.

#### **The Safe Schools Coalition**

24-Hour Crisis Line:

877-723-3723

206-957-1621

[www.safeschoolscoalition.org](http://www.safeschoolscoalition.org)

The Safe Schools Coalition offers a variety of resources to help youth, educators, administrators, parents and guardians end bullying and create safe school environments for LGBTQ youth. Resources include hotlines for LGBTQ youth experiencing harassment.

#### **The Trevor Project**

Toll-free hotline: 866-4U-TREVOR

310-271-8845

[www.thetrevorproject.org](http://www.thetrevorproject.org)

[support@thetrevorproject.org](mailto:support@thetrevorproject.org)

The Trevor Project provides a national 24-hour toll-free suicide prevention hotline aimed at LGBTQ youth and offers an educational package and other resources to raise tolerance for LGBTQ youth in school and institutional settings.

## **YOUTH ADVOCACY**

### **ABA Center on Children and the Law**

Phone: (202) 662-1720

[www.americanbar.org/groups/public\\_interest/child\\_law/](http://www.americanbar.org/groups/public_interest/child_law/)

### **Advocates For Youth**

202-419-3420, ext. 30

[www.advocatesforyouth.org](http://www.advocatesforyouth.org)

[www.youthresource.com](http://www.youthresource.com)

[information@advocatesforyouth.org](mailto:information@advocatesforyouth.org)

Advocates for Youth creates programs and advocates for policies that help young people make informed and responsible decisions about their reproductive and sexual health. It also provides information, training and strategic assistance to youth-serving organizations, policy makers, youth activists and the media in the United States and the developing world. YouthResource, a project of Advocates for Youth, is a website created by and for LGBT youth 13 to 24 years old, which offers support, community, resources and peer-to-peer education.

### **American Civil Liberties Union LGBT and AIDS Projects**

212-549-2627

[www.aclu.org/getequal](http://www.aclu.org/getequal)

[getequal@aclu.org](mailto:getequal@aclu.org)

Founded in 1986, the LGBT Rights and AIDS Project are special divisions of the American Civil Liberties Union. The "Get Equal" website provides, among other things, a step-by-step guide showing how to get an anti-harassment policy in your school district and tools for a gay-straight alliance at your school.

### **The Gay, Lesbian and Straight Education Network (GLSEN)**

212-727-0135

[www.glsen.org](http://www.glsen.org)

[glsen@glsen.org](mailto:glsen@glsen.org)

GLSEN strives to assure that each member of every school community is valued and respected regardless of sexual orientation or gender identity/expression. It provides safe school tools and guides and is an official sponsor of the Day of Silence ([www.dayofsilence.org](http://www.dayofsilence.org)), an annual event to raise schools' awareness of and protest discrimination against LGBT students.

### **Gay-Straight Alliance Network**

415-552-4229

[www.gsannetwork.org](http://www.gsannetwork.org)

[info@gsannetwork.org](mailto:info@gsannetwork.org)

GSA Network is a youth leadership organization that connects school-based GSAs to each other and community resources.

### **Human Rights Campaign**

202-628-4160

TTY 202-216-1572

[www.hrc.org](http://www.hrc.org)

HRC is a nonpartisan organization that works to advance equality based on sexual orientation and gender expression and identity, to ensure that LGBT Americans can be open, honest and safe at home, at work and in the community. The Youth & Campus Outreach Program provides tools, facilitates connections and empowers high school and college-aged young people to fight for LGBT equality on campus and beyond.

**OutProud: The National Coalition for Gay, Lesbian, Bisexual and Transgender Youth**

[www.outproud.org](http://www.outproud.org)

[info@outproud.org](mailto:info@outproud.org)

OutProud provides advocacy, information, resources and support to LGBTQ youth.

**Parents, Families and Friends of Lesbians and Gays (PFLAG)**

202-467-8180

[www.pflag.org](http://www.pflag.org)

[info@pflag.org](mailto:info@pflag.org)

PFLAG is a national nonprofit organization with over 200,000 members and supporters and almost 500 affiliates in the United States. As part of its "Our House to the Schoolhouse" campaign, PFLAG provides resources and plans for making schools safe for LGBTQ youth.

**The Safe Schools Coalition**

24-Hour Crisis Line:

1-877-723-3723

206-957-1621

[www.safeschoolscoalition.org](http://www.safeschoolscoalition.org)

The Safe Schools Coalition offers a variety of resources to help youth, educators, administrators, parents and guardians end bullying and create safe school environments for LGBTQ youth. Resources include hotlines for LGBTQ youth experiencing harassment.

**TransYouth Family Allies**

P.O. Box 1471

Holland, MI 49422-1471

[www.imatyfa.org](http://www.imatyfa.org)

[info@imatyfa.org](mailto:info@imatyfa.org)

Transyouth Family Allies partners with educators, service providers and communities to develop supportive environments in which gender may be expressed and respected.

**United States Department of Education**

[www.ed.gov](http://www.ed.gov)

The Department of Education's Office for Civil Rights, in partnership with the Bias Crimes Task Force of the National Association of Attorneys General, published a resource for school administrators, *Protecting Students from Harassment and Hate Crime: A Guide for Schools*, which includes harassment and hate crime on the basis of sexual orientation. It can be downloaded at

[www.ed.gov/offices/OCR/archives/Harassment/harassment.pdf](http://www.ed.gov/offices/OCR/archives/Harassment/harassment.pdf)

**Youth Guardian Services**

877-270-5152

[www.youth-guard.org](http://www.youth-guard.org)

Youth Guardian Services is a youth-run, nonprofit organization that provides support and services on the Internet to LGBT and straight, supportive youth.

**TRANSGENDER ADVOCACY**

**Gender Spectrum Education and Training**

877-809-4159

[www.genderspectrum.org](http://www.genderspectrum.org)

[info@genderspectrum.org](mailto:info@genderspectrum.org)

This organization provides education, resources and training to help create a more gender-sensitive and supportive environment for all people, including gender-variant and transgender youth.

**National Center for Transgender Equality**

202-903-0112

[www.nctequality.org](http://www.nctequality.org)

[ncte@nctequality.org](mailto:ncte@nctequality.org)

NCTE is a social justice organization dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment.

**Transgender Law Center**

415-865-0176

[www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)

[info@transgenderlawcenter.org](mailto:info@transgenderlawcenter.org)

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## **BISEXUAL ADVOCACY**

### **Bisexual Resource Center**

617-424-9595

[www.biresource.org](http://www.biresource.org)

[brc@biresource.org](mailto:brc@biresource.org)

The Center educates the public and organizations about bisexuality and provides an information and support network.

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## **GENERAL LGBT ADVOCACY**

### **National Gay and Lesbian Task Force (NGLTF)**

202-393-5177

TTY 202-393-2284

[www.thetaskforce.org](http://www.thetaskforce.org)

[info@thetaskforce.org](mailto:info@thetaskforce.org)

The Task Force is a national progressive organization working for the civil rights of LGBT people. Its website provides reports and guides for activists, including a report on making schools safe. At its annual conference —“Creating Change”—it offers a number of LGBTQ youth-related sessions and panels.

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## **SUPPORT FOR LGBT FAMILIES**

### **Children of Lesbians and Gays Everywhere (COLAGE)**

415-861-5437

[www.colage.org](http://www.colage.org)

[colage@colage.org](mailto:colage@colage.org)

COLAGE is an international organization that supports young people with gay, lesbian, bisexual and transgender parents through education and community building.

### **Family Equality Council**

[info@familyequality.org](mailto:info@familyequality.org)

[www.familyequality.org](http://www.familyequality.org)

The Family Equality Council works to ensure equality for LGBTQ families by building community, changing hearts and minds, and advancing social justice for all families.