Trans Youth

Just as trans youth have long been at the center of political debates in the United States, a variety of writers have foregrounded the lives and experiences of trans children as well as their families. The SNMA has over 50 books that specifically deal with this subject, mostly from the 2000s to the present. This list primarily consists of guidebooks, legal studies, nonfiction books, novels, and works of young adult literature.

A guide for parents, therapists, teachers, and others.

A young adult novel about a transgender boy.

A cisgender journalist’s account of her volunteer work with a group of trans girls.

An academic study of LGBT children’s legal rights in public schools.

A young adult novel featuring an intersex protagonist.

A collaborative memoir about an evolving mother-son relationship.

A mother’s account of raising a gender nonconforming son.

A young adult novel about a trans teenager.

A guide to caring for non-binary children.

A young adult novel about a transgender girl.
A memoir of the reality TV star from South Florida.

A book with advice and information for parents of transgender teens.

A trans man’s collection of personal essays related to his childhood.

A young adult novel that deals with friendship, homophobia, and transphobia.

A nonfiction account of the lives of six transgender young adults.

The first book to thoroughly explore legal issues facing transgender people, including youth, in family law.

The story of the actor and activist Nicole Maines.

A collection of 32 personal essays.

Eleven short stories based on the experiences of young trans women.

A poetry book based on a mother’s experience of parenting a trans child.

A young adult coming out romance about a trans girl.

A study of how parents learn to love and accept their children.

A novel about a mother and a transgender daughter.
A mother’s journey to embracing her transgender son.